

[eBooks] Relational Frame Theory A Post Skinnerian Account Of Human Language And Cognition

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Relational Frame Theory-Steven C. Hayes 2013-03-18 This volume goes beyond theory and gives the empirical and conceptual tools to conduct an experimental analysis of virtually every substantive topic in human language and cognition, both basic and applied. It challenges behavioral psychology to abandon many of the specific theoretical formulations of its most prominent historical leader in the domain of complex human behavior, especially in human language and cognition, and approach the field from a new direction. It will be of interest to behavior theorists, cognitive psychologists, therapists, and educators.

Relational Frame Theory-Steven C. Hayes 2014-01-15

Relational Frame Theory-Steven C. Hayes 2007-05-08 This volume goes beyond theory and gives the empirical and conceptual tools to conduct an experimental analysis of virtually every substantive topic in human language and cognition, both basic and applied. It challenges behavioral psychology to abandon many of the specific theoretical formulations of its most prominent historical leader in the domain of complex human behavior, especially in human language and cognition, and approach the field from a new direction. It will be of interest to behavior theorists, cognitive psychologists, therapists, and educators.

Relational Frame Theory-Steven C. Hayes 2001-05-31 Human language and our use of it to communicate or to understand the world requires deriving relations among events: for example, if A=B and A=C, then B=C. Relational frame theory argues that such performances are at the heart of any meaningful psychology of language and cognition. From a very early age, human beings learn relations of similarity, difference, comparison, time, and so on, and modify what they do in a given situation based on its derived relation to others situations and what is known about them. This volume goes beyond theory and gives the empirical and conceptual tools to conduct an experimental analysis of virtually every substantive topic in human language and cognition, both basic and applied. As the term `post-Skinnerian' suggests, this volume challenges behavioral psychology to abandon many of the specific theoretical formulations of its most prominent historical leader in the domain of complex human behavior, especially in human language and cognition, and approach the field from a new direction. The need for a pragmatically useful analysis of language and cognition is as enormous and varied as its extensions and applications. This volume will be of interest not only to behavior theorists but also to cognitive psychologists, therapists, educators, and anyone studying the human condition.

Learning RFT-Niklas Törneke 2010-11-01 Relational frame theory, or RFT, is the little-understood behavioral theory behind a recent development in modern psychology: the shift from the cognitive paradigm underpinning cognitive behavioral therapy to a new understanding of language and cognition. Learning RFT presents a basic yet comprehensive introduction to this fascinating theory, which forms the basis of acceptance and commitment therapy. The book also offers practical guidance for directly applying it in clinical work. In the book, author Niklas Törneke presents the building blocks of RFT: language as a particular kind of relating, derived stimulus relations, and transformation of stimulus functions. He then shows how these concepts are essential to understanding acceptance and commitment therapy and other therapeutic models. Learning RFT shows how to use experiential exercises and metaphors in psychological treatment and explains how they can help your clients. This book belongs on the bookshelves of psychologists, psychotherapists, students, and others seeking to deepen their understanding of psychological treatment from a behavioral perspective.

Advances in Relational Frame Theory-Simon Dymond 2013 Edited by Simon Dymond, PhD, and Brian Roche, PhD-two leading relational frame theory (RFT) scholars-Advances in Relational Frame Theory contains chapters written by Steven Hayes and Kelly Wilson, both research-active experts and scholars from the RFT community around the world. This book presents advances in all aspects of RFT research over the last decade, and provides mental health professionals a greater understanding of the core principals of acceptance and commitment therapy (ACT).

Verbal Behavior-B. F. Skinner 2014-05-26 In 1934, at the age of 30, B. F. Skinner found himself at a dinner sitting next to Professor Alfred North Whitehead. Never one to lose an opportunity to promote behaviorism, Skinner expounded its main tenets to the distinguished philosopher. Whitehead acknowledged that science might account for most of human behavior but he would not include verbal behavior. He ended the discussion with a challenge: "Let me see you," he said, "account for my behavior as I sit here saying, 'No black scorpion is falling upon this table.'" The next morning Skinner began this book. It took him over twenty years to complete. This book extends the laboratory-based principles of selection by consequences to account for what people say, write, gesture, and think. Skinner argues that verbal behavior requires a separate analysis because it does not operate on the environment directly, but rather through the behavior of other people in a verbal community. He illustrates his thesis with examples from literature, the arts, and sciences, as well as from his own verbal behavior and that of his colleagues and children. Perhaps it is because this theoretical work provides a way to approach that most human of human behavior that Skinner often called Verbal Behavior his most important work.

The Wiley Handbook of Contextual Behavioral Science-Robert D. Zettle 2016-01-19 The Wiley Handbook of Contextual Behavioral Science describes the philosophical and empirical foundation of the contextual behavioral science movement; it explores the history and goals of CBS, explains its core analytic assumptions, and describes Relational Frame Theory as a research and practice program. This is the first thorough examination of the philosophy, basic science, applied science, and applications of Contextual Behavioral Science Brings together the philosophical and empirical contributions that CBS is making to practical efforts to improve human wellbeing Organized and written in such a way that it can be read in its entirety or on a section-by-section basis, allowing readers to choose how deeply they delve into CBS Extensive coverage of this wide ranging and complex area that encompasses both a rich basic experimental tradition and in-depth clinical application of that experimental knowledge Looks at the development of RFT, and its implications for alleviating human suffering

Derived Relational Responding-Ruth Anne Rehfeldt 2009 By implementing the techniques described in Derived Relational Responding, techniques based on a breakthrough new understanding of how humans acquire and use language, clinicians can make significant progress with their clients with autism and other developmental disabilities, limiting the loss of cognitive and social functioning that typically results from these conditions.

Relational Frame Theory-Steven C. Hayes 2001-05-31 This volume goes beyond theory and gives the empirical and conceptual tools to conduct an experimental analysis of virtually every substantive topic in human language and cognition, both basic and applied. It challenges behavioral psychology to abandon many of the specific theoretical formulations of its most prominent historical leader in the domain of complex human behavior, especially in human language and cognition, and approach the field from a new direction. It will be of interest to behavior theorists, cognitive psychologists, therapists, and educators.

Advances in Relational Frame Theory-Simon Dymond 2013-05-01 As acceptance and commitment therapy (ACT) increases in popularity among clinicians, it becomes more and more vital to understand its theoretical basis, relational frame theory (RFT). RFT is a psychological theory of human language and cognition, developed by Steven C. Hayes. It focuses on how humans learn language and how language connects them to their environment. In essence, our thoughts, feelings, and behaviors are dependent on our experiences and the context that these experiences provide. Edited by leading relational frame theory (RFT) scholars, Simon Dymond, PhD, and Bryan Roche, PhD, Advances in Relational Frame Theory presents advances in all aspects of RFT research over the last decade, and provides a greater understanding of the core principles of acceptance and commitment therapy (ACT). The book also contains chapters written by Steven C. Hayes and Kelly Wilson, both research-active experts from the RFT community around the world. Because ACT is focused largely on accepting one's thoughts, it is important to understand where these thoughts come from. And while many books on RFT are abstract and require extensive knowledge of behavior analysis, this is the first book to comprehensively but accessibly

introduce RFT to ACT mental health professionals. Gaining a deeper knowledge of the relational concepts of RFT can help you understand why a person's behavior does not always match up with their self-professed values. Whether you are a mental health professional, or simply someone who is interested in the connection between language and experience, this book is an invaluable resource.

Rule-Governed Behavior-Steven C. Hayes 2012-12-06 Animal learning and human learning traditions have been distinguishable within psychology since the start of the discipline and are to this day. The human learning wing was interested in the development of psychological functions in human organisms and proceeded directly to their examination. The animal learning wing was not distinguished by a corresponding interest in animal behavior per se. Rather, the animal learners studied animal behavior in order to identify principles of behavior of relevance to humans as well as other organisms. The two traditions, in other words, did not differ so much on goals as on strategies. It is not by accident that so many techniques of modern applied psychology have emerged from the animal laboratory. That was one of the ultimate purposes of this work from the very beginning. The envisioned extension to humans was not just technological, however. Many animal researchers, B. F. Skinner most prominently among them, recognized that direct basic research with humans might ultimately be needed in certain areas but that it was wise first to build a strong foundation in the controlled environment of the animal laboratory. In a sense, animal learning was always in part a human research program in development.

The Oxford Handbook of Coercive Relationship Dynamics-Thomas J. Dishion 2016-02-25 Coercive interactions and conflict are commonplace in close relationships and families, friendships, and teacher-student relationships in schools. Coercion and conflict can be used to grow stronger relationships, or they can lead to the deterioration of relationships, undermine efforts to socialize and teach youth, and lead to the development of mental health problems in children and parents. Coercion theory helps shed light on how these daily interaction dynamics explain the development of aggression, marital conflict, depression, and severe mental health problems in families and how they undermine school safety and effectiveness. The Oxford Handbook of Coercive Relationship Dynamics features the most recent, innovative applications of coercion theory to understanding psychopathology, developmental theory, and intervention science. The volume provides a multidisciplinary perspective on coercive processes, origins, and social functions to anchor coercion theory from multiple perspectives and to lay a theoretical and empirical foundation for innovative expansion of the coercion model to new areas of research. The volume gives specific examples of how the basic coercive processes underlie the development of significant suffering in children and families, and chapters include clinically oriented discussions of research on the role of coercion in the causation and amplification of problem behavior and emotional distress. The internationally renowned authors of this volume highlight scientific advances in the study of coercive dynamics in families and close relationships, account for physiological and genetic correlates of coercive dynamics, and discuss the application of coercion theory to effective interventions that improve the quality and well-being of children, adolescents, and adults. This volume is an invaluable resource on behavioral science methodology, developmental theory, and intervention science.

Space in Language and Cognition-Stephen C. Levinson 2003-03-20 Table of contents

EVOLUTION AND CONTEXTUAL BEHAVIORAL SCIENCE-DAVID SLOAN WILSON AND STEVEN C. HAYES 2020

Mastering the Clinical Conversation-Matthieu Villatte 2019-09-06 This compelling book provides psychotherapists with evidence-based strategies for harnessing the power of language to free clients from life-constricting patterns and promote psychological flourishing. Grounded in relational frame theory (RFT), the volume shares innovative ways to enhance assessment and intervention using specific kinds of clinical conversations. Techniques are demonstrated for activating and shaping behavior change, building a flexible sense of self, fostering meaning and motivation, creating powerful experiential metaphors, and strengthening the therapeutic relationship. User-friendly features include more than 80 clinical vignettes with commentary by the authors, plus a "Quick Guide to Using RFT in Psychotherapy" filled with sample phrases and questions to ask.

Acceptance and Mindfulness at Work-Steven C. Hayes 2013-10-23 An innovative and effective approach to organizational behavioral management Despite more than 40 years of empirical and conceptual research, the contribution of behavior analysis to the world of business remains relatively small and organizational behavior management gets little attention in both the academic and professional communities. Acceptance and Mindfulness at Work presents behavioral analysis of human language that's ready to use, with applied extensions proven to have a significant impact in organizational settings. The leading experts in the field examine how these ongoing developments can help broaden the exploration of the psychological issues relevant to organizational behavioral management (OBM) in the workplace. Acceptance and Mindfulness at Work presents conceptual and empirical articles, and reviews of working examples of Relational Frame Theory (RFT) and Acceptance and Commitment Therapy (ACT) applied to organizational behavior management. The book examines goal setting, feedback, task descriptions, and workers' ability to learn as examples of how to affect positive change in organizations through increased productivity and improved quality of life in the workplace. The possibilities presented by RFT can lead to advancements in employee safety and training, stress and health management, employee evaluation, managing absenteeism, tardiness, and turnover, and self-management. Acceptance and Mindfulness at Work examines: cognition in OBM industrial/organization (I/O) psychology how interventions using ACT have increased psychological flexibility rule-following feedback task performance feedback programmed schedules of reinforcement goal setting, goal statements, and goal-directed behavior how psychological flexibility and job control can predict learning, job performance, and mental health and much more Acceptance and Mindfulness at Work is a vital professional resource for organization development practitioners and human resource managers.

Relational Planning-Monika Kurath 2017-09-19 This volume introduces the notion of 'relational planning' through a collection of theoretical and empirical contributions that explore the making of heterogeneous associations in the planning practice. The analytical concept builds on recent approaches to complexity and materiality in planning theory by drawing on Science and Technology Studies (STS) of urban issues. It frames planning as a socio-material practice taking place within the multifaceted relations between artefacts, agency and practices. By way of this triad, spatial planning is not studied as a given, linear or technical process but rather problematized as a hybrid, distributed and situational practice. The inquiries in this collection thus describe how planning practices are negotiated and enacted in and beyond formal arenas and procedures of planning, and so make visible the many sites, actors and means of spatial planning. Addressing planning topics such as ecology, preservation, participation, rebuilding and zoning, this volume takes into account the uncertain world planning is embedded in. The implications of such a perspective are considered in light of how planning is performed and how it contributes to the emergence of specific socio-material forms and interactions. This is an invaluable read for all scholars of STS, Ecology, Architecture and Urban Planning.

Learning RFT-Niklas Törneke 2010 Relational frame theory (RFT) is a theory of language and cognition that updates traditional cognitive paradigms and forms the foundation of today's cutting-edge therapies, including acceptance and commitment therapy (ACT). Learning RFT makes RFT accessible to clinicians for the first time and explains how RFT principles can be directly applied in clinical work.

Advances in Child Development and Behavior-Robert V. Kail 2008-06-23 Volume 36 of the Advances in Child Development and Behavior series includes ten chapters that highlight some of the most recent research in developmental and educational psychology. A wide array of topics are discussed in detail, including King Solomon's Take on Word Learning, Orthographic Learning, Attachment and Affect Regulation, Function, Family Dynamics, Rational Thought, Childhood Aggression, Social Cognitive Neuroscience of Infancy, Children's Thinking, and Remote Transfer in Children, and much more. Each chapter provides in depth discussions of various developmental psychology specializations. This volume serves as an invaluable resource for psychology researchers and advanced psychology students. *Goes in depth to address 10 different developmental and educational psychology topics *A necessary resource for both psychology researchers and students

Encyclopedia of Child Behavior and Development-Sam Goldstein 2010-11-23 Provides a comprehensive grounding in broadly based topics that cover the wide expanse of child behavior and development issues covering the major conceptual areas of child development: learning, behavior, and emotions.

The Guanxi of Relational International Theory-EMILIAN. KAVALSKI 2021-06-30 This book offers a relational theory of International Relations (IR). To show the ways in which the relationality is foreshadowed in IR conversations it makes the following three points: 1) it recovers a mode of IR theorizing as itinerant translation; 2) it deploys the concept and practices of guanxi (employed here as a heuristic device revealing the infinite capacity of international interactions to create and construct multiple worlds) to uncover the outlines of a relational IR theorizing; and 3) it demonstrates that relational theorizing is at the core of projects for worlding IR. By engaging with the phenomenon of relationality, Emilian Kavalski invokes the complexity of possible worlds and demonstrates new possibilities for powerful ethical-political innovations in IR theorizing. Thus, relational IR theorizing emerges as an optic which both acknowledges the agency of 'others' in the context of myriad interpretative intersections of people, powers, and environments (as well as their complex histories, cultures, and agency) and stimulates awareness of the dynamically-intertwined contingencies through which meanings are generated contingently through interactions in communities of practice. The book will have a strong appeal to the broad academic readership in Asian Studies, Political Science, Comparative Politics, International Relations theory and students and scholars of non-/post-Western International Relations and non-/post-Western Political Thought.

The Perception of Stimulus Relations-Hayne W. Reese 2013-10-22 The Perception of Stimulus Relations: Discrimination Learning and Transposition focuses on the processes, methodologies, and approaches involved in discrimination learning and transposition. The book first offers information on stimulus equivalence, transposition of paradigms, and the transposition and relation perception problems. The manuscript then examines measurement, training, subject, and test variables. Topics include stimulus and procedural variables, effect of direction of transposition test, phylogenetic comparisons, concept knowledge, and speed of original learning. The publication elaborates on form transposition, including transposition of visual forms and the meaning of form and form transposition. The text then takes a look at relational and absolute theories, summary of findings and evaluation of theories, and outline of a theory of transposition. Discussions focus on assumptions and basic deductions, effect of absolute stimulus components, effect of noticing change in stimuli from training to test, and stimulus similarity. The book is a valuable source of data for readers interested in discrimination learning and transposition.

Understanding Behavior Disorders-Douglas W. Woods 2007 Because traditional behaviorism overlooked function-altering behavior processes that are critical to understanding many behavior disorders, other theoretical models took the lead in the explanation of pathological human behavior. Current trends in behavior analysis, however, account for these processes, retuning behavior analysis to a strong position in this area of research. This book presents a cogent and comprehensive theory of behavior disorders from a behavior analytic perspective.

Acceptance and Commitment Therapy-Richard Bennett 2019-03-27 Acceptance and Commitment Therapy: 100 Key Points and Techniques offers a comprehensive, yet concise, overview of the central features of the philosophy, theory, and practical application of ACT. It explains and demonstrates the range of acceptance, mindfulness, and behaviour change strategies that can be used in the service of helping people increase their psychological flexibility and wellbeing. Divided into three main parts, the book covers the 'Head, Hands, and Heart' of the approach, moving from the basics of behavioural psychology, via the key principles of Relational Frame Theory and the Psychological Flexibility model, to a detailed description of how ACT is practiced, providing the reader with a solid grounding from which to develop their delivery of ACT-consistent interventions. It concludes by addressing key decisions to make in practice and how best to attend to the therapeutic process. The authors of Acceptance and Commitment Therapy bring a wealth of experience of using ACT in their own therapy practice and of training and supervising others in developing knowledge and skills in the approach. This book will appeal to practitioners looking to further their theoretical knowledge and hands-on skills and those seeking a useful reference for all aspects of their ACT practice.

Learning ACT-Jason B. Luoma 2007 Acceptance and commitment therapy (ACT, read as one word rather than letters), is one of the most exciting developments in psychotherapy to occur in the last fifty years. ACT departs from conventional psychotherapeutic models, which strive to fix, control, or get rid of unwanted thoughts and behaviors. Instead, ACT demonstrates how to accept uncomfortable or painful situations without engaging with them, allowing them to pass away or diminish as they will. ACT is profound, revolutionary-and it works. Research evidence is piling up that suggests ACT is as or more effective than conventional psychotherapeutic approaches. A DVD included with the text offers role-played examples of the core ACT processes in action on both audio and video. In these examples, a picture is worth a thousand words, bringing to life the concepts developed in the text.

Acceptance and Commitment Therapy-Koa Whittingham 2019-06-15 Acceptance and Commitment Therapy: The Clinician's Guide for Supporting Parents constitutes a principles-based guide for clinicians to support parents across various stages of child and adolescent development. It uses Acceptance and Commitment Therapy (ACT) as an axis to integrate evolution science, behaviour analysis, attachment theory, emotion-focused and compassion-focused therapies into a cohesive framework. From this integrated framework, the authors explore practice through presenting specific techniques, experiential exercises, and clinical case studies. Explores the integration of ACT with established parenting approaches Includes a new model - the parent-child hexaflex - and explores each component of this model in depth with clinical techniques and a case study Emphasizes how to foster a strong therapeutic relationship and case conceptualization from an acceptance and commitment therapy perspective Covers the full spectrum of child development from infancy to adolescence Touches upon diverse clinical presentations including: child anxiety, neurodevelopmental disorders, and child disruptive behavior problems, with special emphasis on infant sleep Addresses how best to support parents with mental health concerns, such as postnatal depression Is relevant for both novices and clinicians, students in psychology, social work and educational professionals supporting parents

The Wiley Blackwell Handbook of Operant and Classical Conditioning-Frances K. McSweeney 2014-06-23 This combined survey of operant and classical conditioning provides professional and academic readers with an up-to-date, inclusive account of a core field of psychology research, with in-depth coverage of the basic theory, its applications, and current topics including behavioral economics. Provides comprehensive coverage of operant and classical conditioning, relevant fundamental theory, and applications including the latest techniques Features chapters by leading researchers, professionals, and academicians Reviews a range of core literature on conditioning Covers cutting-edge topics such as behavioral economics

Mindfulness and Acceptance-Steven C. Hayes 2011-06-22 This volume examines the role of mindfulness principles and practices in a range of well-established cognitive and behavioral treatment approaches. Leading scientist-practitioners describe how their respective modalities incorporate such nontraditional themes as mindfulness, acceptance, values, spirituality, being in relationship, focusing on the present moment, and emotional deepening. Coverage includes acceptance and commitment therapy, dialectical behavior therapy, mindfulness-based cognitive therapy, integrative behavioral couple therapy, behavioral activation, and functional analytic psychotherapy. In every chapter, the authors describe their clinical methods and goals, articulate their theoretical models, and examine similarities to and differences from other approaches both inside and outside behavior therapy.

Teaching Children with Autism to Mind-Read-Patricia Howlin 2011-01-25 It is now established that difficulties in understanding other people's minds underlie many of the social and communication problems that are characteristic of autism. This workbook offers practical teaching materials and learning tools for the practitioner in the field, exploring the relationship of 'theory of mind' deficits to social and communication problems in children with autism. A companion to Teaching Children with Autism to Mind-Read: A Practical Guide, this book is based on the authors' successful experimental work and provides a detailed intervention program, with accessible teaching materials to help autistic children improve their understanding of beliefs, emotion, and pretence.

The Dance on the Feet of Chance-Hooman Attar 2010-12-02 Corporations have problems dealing with the indeterminate aspects of innovation, particularly in the early 'fuzzy front-end' of the process. They have difficulty in reflecting upon and handling uncertainties of innovation; often exhibiting a 'dynamic conservatism' or a set of

'defensive routines' that inhibit inquiry about such contentious issues. They prefer, and are better equipped to operate within the 'language of investment' than the 'language of invention'. In the language of investment, corporations select an environmental niche, and attempt to program and fabricate its future according to rational, stable assumptions and formulations. This view is closely bound to a utopian image of risk management as a tool able to objectively map, measure, and monitor future uncertainties that govern the behavior of the chosen niche. By seeking a close and clear fit between risk management solutions (means) and the dominant factors that determine future threats and opportunities to the niche environment (ends), corporations attempt to master risks and colonize the future through an orderly process. It is the argument of this book that this approach is only good when targeting and 'solving' well-defined problems of risk management and innovation within an intellectual terrain that has already been intellectually 'set'. It fails to systematically recognize, reflect upon, and improve the effectiveness of the complex and creative task undertaken in the prior stage of 'problem setting' or 'risk settling'. In contrast to this approach, it is argued that in ill-defined, unique, and uncertain situations, 'problem setting' or 'risk settlement' are the key primary activities, and 'problem solving' or 'risk management' only secondary. This study, as its strategic objective, seeks to juxtapose these contrasting views and develop an integrated conceptual framework capable of supporting a reflective practice amongst practitioners grappling with the interplay between 'risk settlement' and 'risk management' at the 'fuzzy front-end' of innovation. This framework, strongly influenced by Donald Schön's scholarly work, takes the form of a set of concepts designed to synthesize, mobilize, and focus a wide range of academic literature on managing risk and handling uncertainty in product innovation. It informs reflections on professional practice through pragmatist/existential explorations of the role of metaphor in basic thinking processes as well as sociopolitical and psychological insights into the factors influencing how practitioners intuitively transform and translate uncertain, unmanageable realities into packages of manageable problems, converting uncertainty into manageable risks and rewards. In seeking to understand, reflect upon and improve the way in which such a conversion process within the practice of risk settlement works, it is argued that it is useful to view it as having four dimensions: 'undertaking spontaneous and reciprocal reflections', 'coping with anxiety', 'use of metaphors', and 'use of frames and framing'. The study applies this framework and understanding to an empirical study of risk management and product innovation in the Australian Cooperative Research Centres (CRC) programme. A narrative reconstruction of critical events occurring in a series of R&D projects in the CRCs is used to elucidate, elaborate, and illustrate the conceptual framework that has been developed as both a contribution to risk management thought and, at least in prototype, as a guide for reflective practice. The framework, and its illustration, is designed to support practical reflection on the complexities of 'problem setting', 'risk settlement' and the 'non-rational' character of 'generative metaphors' and the practice of 'invention'. In the introduction, I point to the increasing rate of uncertain, unique, and complex problems as they affect professionals, organizations involved in innovation, and modern institutions as a whole. This situati

Relational Framing Theory-Kyle James Tusing 2000

Decolonizing Psychology-Sunil Bhatia 2017-10-03 In recent years, the news media has directed a significant amount of attention to the effect of globalization on the second most populous nation in the world: India. With the emergence of new economic opportunities and the influx of foreign popular culture and commodities, India has experienced an enormous sea of change in the last few decades. In Decolonizing Psychology: Globalization, Social Justice, and Indian Youth Identities, author Sunil Bhatia focuses on the psychological tensions that these changes have brought upon Indian youth today. Drawing on dozens of interviews, Bhatia offers readers a compelling glimpse and analysis of how these youth populations are engaging with the emerging presence of globalization in their day-to-day lives. As Bhatia explains, young Indians use the term 'world class selves' as a way to identify and describe the ways in which globalization has strengthened their standing in the world. By frequenting urban cafes and bars, watching American television and cinema, traveling abroad, and regularly consuming foreign commodities, Indian youth absorb the westernized culture and view themselves as peers to their western counterparts. At the same time, however, these young Indians proudly hold onto their homeland's traditions governing family and religious values. With remarkable clarity and nuance, Bhatia sheds an important light on the universalizing power and the colonizing dimensions of Euro-American psychology. By integrating insights from postcolonial, narrative, and cultural psychologies to explore how Euro-American scientific psychology became the standard approach, Bhatia reminds readers of whose stories are not being told, what knowledge is not being considered, and whose lives are not included in the central understanding of psychology today.

Stimulus Class Formation in Humans and Animals-T.R. Zentall 1996-10-24 Stimulus class formation has been studied independently by two groups of researchers. One group has come out of a learning theory approach, while the second has developed out of a behavior analytic tradition. The purpose of the present volume is to further establish the ties between these two research areas while allowing for differences in approach to the questions asked. The book is loosely organized around four themes. The first two sections deal with what constitutes functional and equivalence classes in animals and humans. In the third section, the authors attempt to identify stimulus control variables that contribute to the formation of equivalences classes. The last section deals with the complex issue of the role of verbal behavior in equivalence classes. The goal of the book is to provide the reader with a better understanding of the current state of research and theory in stimulus class formation. It is also hoped that it will stimulate research into how and under what conditions, stimulus classes can form.

The Self and Perspective Taking-Louise McHugh 2012-02-02 Helping clients cope with problems of self is an important goal of modern psychotherapy. However, without ways of understanding or measuring the self and self-relevant behavior, it's difficult for psychologists and researchers to determine if intervention has been effective. From a modern contextual behavioral point of view, the self develops in tandem with the ability to take perspective on one's own and other people's behavior. This collection of articles by Steven Hayes, Kelly Wilson, Louise McHugh, Ian Stewart, and other leading researchers begins with a complete history of psychological approaches to understanding the self before presenting contemporary accounts that examine the self and perspective taking from behavioral, developmental, and cognitive perspectives. The articles in The Self and Perspective Taking also explore the role of the self as it relates to acceptance and commitment therapy, cognitive behavior therapy, and mindfulness processes. Featuring work from world-renowned psychologists, this resource will help clinicians augment self-understanding in clients, especially those with autism spectrum disorders, schizophrenia, and impaired perspective-taking abilities.

Changes in Role Concepts of Police Officers-James W. Sterling 1972

The Act in Context-Steven C. Hayes 2015-10-16 The Canonical Papers of Steven C. Hayes is a compilation of his most pivotal articles written from 1982-2012. Through these selected papers, Hayes again revisits the theoretical struggles between behavioral and cognitive-behavior theories, taking us from the 1980s into present day, discussing the breakthroughs and follies. Using this as a focus point, he discusses the tradition of behavior analysis and its difficulties in addressing human language and cognition. Moving forward into the 90s, he chronicles the changes in a behavioral approach that emerge from a contextual perspective on human cognition, and lays out the foundation for a contextual behavioral science approach that he argues is more likely to lead to an understanding of human action and an alleviation of human suffering. Although the articles have previously been published, they have been edited and compiled ensure this branch of research is clear to the modern audience. The compilation was chosen by Dr. Hayes to enhance his vision for a functional contextual approach to complex human behavior.

Behavior Analysis of Language and Cognition-Linda Hayes 1994-06-01 Sixteen leading American and Japanese scholars in the field of behavior analysis present work on BA as it relates to language and cognition.

The Big Book of ACT Metaphors-Jill A. Stoddard 2014-04-01 Metaphors and exercises play an incredibly important part in the successful delivery of acceptance and commitment therapy (ACT). These powerful tools go far in helping clients connect with their values and give them the motivation needed to make a real, conscious commitment to change. Unfortunately, many of the metaphors that clinicians use have become stale and ineffective. That's why you need fresh, new resources for your professional library. In this breakthrough book, two ACT researchers provide an essential A-Z resource guide that includes tons of new metaphors and experiential exercises to help promote client acceptance, defusion from troubling thoughts, and values-based action. The book also includes scripts tailored to different client populations, and special metaphors and exercises that address unique problems that may sometimes arise in your therapy sessions. Several ACT texts and workbooks have been published for the treatment of a variety of psychological problems. However, no one resource exists where you can find an exhaustive list of metaphors and experiential exercises geared toward the six core elements of ACT. Whether you are treating a client with anxiety, depression, trauma, or an eating disorder, this book will provide you with the skills needed to improve lives, one exercise at a time. With a special foreword by ACT cofounder Steven C. Hayes, PhD, this book is a must-have for any ACT Practitioner.

Inside Out and Outside in-Joan Berzoff 2008 Suitable for mental health practitioners in a variety of disciplines, this work reflects the theory and clinical practice. It offers chapters, on attachment, relational, and intersubjective theories, respectively, as well as on trauma.