

[Books] Operation Ouch The Humanual

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Operation Ouch!: The HuManual-Ben Elcomb 2017-07-27 Take a tour of one of the most complex, diverse and downright unusual places on the entire planet - the human body! Find out all about what makes YOU tick, from the wonders of the human brain to the tingling in your ticklish toes. From crazy bodily functions to bizarre real-life medical cases, this is the ultimate guide to getting to know yourself, inside and out! Operation Ouch! is a BAFTA-winning CBBC series, from the makers of Embarrassing Bodies and 10 Years Younger. It's presented by real-life doctors (and twin brothers) Chris and Xand van Tulleken.

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Your Brilliant Body-Chris and Xand van Tulleken 2013-10-17 Operation Ouch! based on the popular CBBC series and recent winner of the Booktrust

Best Book Award for 'Best Fact Book'! Can you guess which of these amazing facts Operation Ouch! has in store for you? a) That in your lifetime you'll spend a whole year on the toilet b) That you shed at least 30,000 skin cells every day c) That the biggest muscle in your body is in your bum ANSWER: All three of course! Join Dr Chris and Dr Xand as they take a tour of YOUR BRILLIANT BODY! Find out the incredible things your body can do, test your gross-out knowledge and try out cool body tricks at home.

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How to Lose Weight Well-van Tulleken, Xand 2016-12-29 Written by Dr Xand van Tulleken, who slimmed down from 19 stone, How to Lose Weight Well accompanies the hit Channel 4 show and champions a foolproof weightloss method. He presents a simple 4-step plan for a healthy diet, backed by science. No gimmicks, no expensive supplements, no hassle - just practical advice and 70 easy recipes for every day of the week.

See Inside Your Body-Katie Daynes 2006-01-01 Allows young children to discover the inner workings of the human body in a gently humorous, yet wholly accurate way. Colour illustrations and diagrams display all the major organs of the human body and are accompanied by witty, clear and informative factual text.

Lottie & Walter-Anna Walker 2019 Lottie secretly knows there is a shark in the pool waiting to eat her, until her new walrus friend, Walter, helps her to conquer her fear.

Busy Day: Chef-Dan Green 2020-07-21 It's a busy day in the kitchen! Join in and use the flaps to help the chef as he chops, stirs and bakes! With interactive action-flaps, you can do it too! Each clever flap provides an action or scene-change to encourage children to actively engage and explore. The playful flaps are perfect for little hands to help develop fine motor skills and hand-eye coordination. Nee-naw, nee-naw! Can you help the firefighter to save the day? Join in and use the flaps to slide down the pole, unroll the hose, put out the fire and much, much more. With interactive action-flaps, you can do it, too!

Medical Milestones and Crazy Cures-Chris and Xand van Tulleken 2014-09-04 Think you know your Smallpox from your Bubonic Plague? Try testing your knowledge of the history of medicine! a) What did the Ancient Egyptians treat with powdered ostrich egg? b) How did body snatchers help 19th-century medical students? c) Why did the Ancient Romans recommend drinking wee? ANSWERS: Dive in and find out! Dr Chris and Dr Xand draw back the bed curtains of history to take you on a tour of the body, revealing the gruesome secrets of medicine through the ages.

Secrets of the Human Body-Chris van Tulleken 2018-05-16 206 bones. One heart. Two eyes. Ten fingers. You may think you know what makes up a

human. But it turns out our bodies are full of surprises.

The Big Human Body Activity Book-Rhys Jefferys 2020-03-19 Part of Buster's brand-new 'Big Activity Book' series and packed with 70 puzzles and games, The Big Human Body Activity Book is bursting with fun and fact-filled activities for inquisitive kids. This innovative activity book includes brain-training memory games, intestine mazes, spot-the-difference searches, odd-one-out puzzles and so much more. Each puzzle explores a different part of the body and includes lots of fun facts to discover along the way. Children can find out about everything from where to find the smallest bone in the body to when you are most likely to need a poo. Other books in the series: 9781780556093 The Big Green Activity Book 9781780556314 The Big Animal Activity Book

Girl Stuff 8-12-Kaz Cooke 2016-10-03 Here's everything you need to know about being a pre-teen, from Kaz Cooke, author of Girl Stuff for teens. * body changes * dealing with friends & bullies * getting confident * first periods * pimples * hair (wherever it is) * phones & being online * what to eat * being fit & healthy * the best books & movies * how to be happy with your own true self * & lots more! Girl Stuff 8-12 fits under your pillow and is written with the help of medical and other experts. PS: This book is for girls aged 8 to 12. Girls 12+ need Girl Stuff: Your Full-on Guide to the Teen Years.

101 Quizzes For BFFs-Natasha Burton 2014-12-05 The ultimate best friend test! From your secret celebrity crush to your most embarrassing moments, your best friend knows it all. Or does she? With 101 Quizzes for BFFs, you'll put your friendship to the test and reveal what really makes your bestie tick, with awesome personality questions like: What made you want to be my friend? What would you do if you had one day to do anything you wanted, no consequences? What's your happiest memory of growing up? If you could visit one point in the future, how far ahead would you go? Who would you rather hang with: Zac Efron or Channing Tatum? What would you do if you broke your leg the week before prom? So bust out this

book at sleepovers, at lunch, or during downtime after school and get ready for hours of laughter and fun as you discover things you never knew about your BFF!

The Children's Book of Healthy Eating-Jo Stimpson 2016-06-13 From the indispensable series that helps children to develop good habits that will stay with them throughout their lives. Each book includes a detachable wipe-clean chart and star stickers to encourage and reward learning. AGES: 6+ SELLING POINTS: * Each page shows consequences of good and bad habits and reinforcing learning * Sticker search to complete the pages * Activities and quizzes to reinforce learning * Collectable series Colour illustrations

Consent (for Kids!)-Rachel Brian 2020-01-07 With clear explanations, fun illustrations, and expertly-presented information, Consent (for Kids!) is an empowering introduction to consent, bodily autonomy, and how to respect yourself and others. Consent is like being ruler of your own country...population: YOU. This is a smart, playful guide to consent and bodily autonomy, packed with bright and energetic illustrations. Readers will learn about boundaries and how to set them; ways to respect themselves and others; what to do if someone makes them feel uncomfortable or unsafe; and much more. Along the way, they'll be encouraged to reflect on (and improve!) their own behavior and to practice consent in their daily lives. Whether you're looking for a consent primer to share with a friend or searching for a way to talk to your child about what it means to be in control of their own body and respect others', look no further! This humorous and insightful book from the co-creator of the viral "Tea Consent" video is the perfect teaching tool, conversation starter, and insightful, empowering resource for educators, kids, and families everywhere.

The Way Things Work Now-David Macaulay 2016-10-04 A New York Times Bestseller Explainer-in-Chief David Macaulay updates the worldwide bestseller The New Way Things Work to capture the latest developments in

the technology that most impacts our lives. Famously packed with information on the inner workings of everything from windmills to Wi-Fi, this extraordinary and humorous book both guides readers through the fundamental principles of machines, and shows how the developments of the past are building the world of tomorrow. This sweepingly revised edition embraces all of the latest developments, from touchscreens to 3D printer. Each scientific principle is brilliantly explained--with the help of a charming, if rather slow-witted, woolly mammoth. An illustrated survey of significant inventions closes the book, along with a glossary of technical terms, and an index. What possible link could there be between zippers and plows, dentist drills and windmills? Parking meters and meat grinders, jumbo jets and jackhammers, remote control and rockets, electric guitars and egg beaters? Macaulay explains them all.

Energy Lab for Kids-Emily Hawbaker 2017-05 "Energy Lab for Kids, created for kids by a teacher, offers challenging experiments and guided discussions along with how-tos, discoveries, and pointers from prize-winning kids."--

The Anatomy Medical Book for Kids-Annie Maine 2020-07-16 Fun/Cognitively Tested Pictures on the Inside for a Quick Grasp of Basic Anatomy An Awesome Gift for Boys & Girls Alike Why Consider This Medical Book (Gold Edition) for Your Kids? Through over 33 years of experience in delivering #1 rated anatomy lessons for kids, the Authors (Winbly Scott & Annie Maine) came together to address the issues faced by kids in Grasping Anatomy Concepts. Their wealth of experience has been poured into the creation of this Master Piece - The Anatomy Medical Book for Kids: A Human Anatomy Atlas, Coloring, Activity & Medical Book for Kids. Loved by Counselors, Educators, and Parents alike, The Anatomy Medical Book for Kids fills in as a useful tool for children in learning anatomical structures & Functions through Active Learning. This concisely illustrated text (Gold Edition) features precise, extraordinary anatomy figures that were crafted especially for easy Coloring, Drawing, Activity, and Interactive study. The Anatomy Medical Book for Kids is A Human Anatomy Atlas, Coloring, Activity & Medical Book for Kids featuring ingenious anatomy-samples on the book cover and pages where anatomical

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terminologies are linked to detailed illustrations of the structures of the body. When kids color to learn with The Anatomy Medical Book for Kids, they make visual associations with key terminologies, Learn the Major Functions of the structures, and assimilate information while engaging in kinesthetic learning. Studying anatomy is made easy and fun with The Anatomy Medical Book for Kids! This Atlas, Coloring, Activity and Medical Gold Edition features user-friendly two-page spreads with authentic picture art and enlarged illustrations, clearer, more concise text descriptions, Major functions of the structures, Practice Questions and new boldface headings that make this classic Medical book accessible to a wider range of Young learners. Motto: Empowering Kids through Fun & Active Learning

Matilda & The Ramsay Bunch-Matilda Ramsay 2019-09-03 Inspired by the third series of hit CBBC cookery show Matilda & The Ramsay Bunch and the family's adventures around California, comes the first cookbook from Tilly Ramsay, including 60 simple, delicious recipes and nourishing recipes to make at home for family and friends - plus tips and tricks from Tilly's superstar chef dad, Gordon. Start your day the Tilly way, with a nourishing Smoothie Bowl, followed by some Vitamin Packed Power Balls for a late morning pick-me-up. Cool down mid-afternoon with a Fro-Yo Cooler, followed by some Lean Machine Chicken and Super Light Raspberry Macaroons. Impress all your friends with a Green Goodness Picnic or throw a fun-filled Ramsay-style Feast of Pulled Pork and Smokey American Beans, with Surprise Rainbow Cake and Hollywood Raspberry Fizz for dessert! The book will encourage Tilly's fans, tweens & teens to start cooking and have some fun with easy-to-follow recipes, that can be enjoyed by all. Chapters will include: Brunch; Sleep-over Feasts; Cook Your Own Dinner; Health Kick; Big Bakes.

The Kitchen Science Cookbook-Michelle Dickinson 2018 The Kitchen Science Cookbook is a beautiful, lovingly crafted recipe book with a twist - every recipe is also a science experiment that you can do at home using only the ingredients found in your pantry.

Kay's Anatomy-Adam Kay 2020-10-15 THE RECORD-BREAKING NUMBER ONE BESTSELLER FROM THE UK'S BESTSELLING NON-FICTION AUTHOR. Discover all the weird and wonderful things that go on inside your body with Dr Adam Kay. Covers key stage 2 / 3 human biology syllabus (in a slightly repulsive way). 'Hilarious and fascinating! I wish Adam had been my biology teacher' - Konnie Huq Do you ever think about your body and how it all works? Like really properly think about it? The human body is extraordinary and fascinating and, well . . . pretty weird. Yours is weird, mine is weird, your maths teacher's is even weirder. This book is going to tell you what's actually going on in there, and answer the really important questions, like: Are bogeys safe to eat? Look, if your nose is going to all that effort of creating a snack, the least we can do is check out its nutritional value. (Yes, they're safe. Chew away!) And how much of your life will you spend on the toilet? About a year - so bring a good book. (I recommend this one.) So sit back, relax, put on some rubber gloves, and let a doctor take you on a poo (and puke) filled tour of your insides. Welcome to Kay's Anatomy*. *a fancy word for your body. See, you're learning already. 'The sort of book I would have loved as a child' - Malorie Blackman 'Like listening to a teacher who makes pupils fall about' - The Times 'Absolutely packed with facts... Entertaining and highly informative' - Daily Mail 'As brilliant, and revolting, as the human body it celebrates' - The i newspaper 'Totally brilliant!' - Jacqueline Wilson 'If only this funny and informative book had been around when I was too embarrassed to teach my kids about bodily functions' - David Baddiel

Life Cycle of a Leopard-Phillip W. Simpson 2014-07-17 This book explains the stages in the life cycle of leopards, from mating and birth to old age. It is written primarily using the sequence and order text structure.

Why Eating Bogeys is Good for You-Mitchell Symons 2012-05-30 EVER WONDERED . . . Why we have tonsils? Is there any cream in cream crackers? Why is the sea blue? And if kangaroos keep their babies in their pouches, what happens to all the poo?! Mitch Symons answers all these crazy questions and plenty more in this wonderfully funny and addictive book for children from 8 to 80! And yes, eating bogeys is good for you . . .

but only your own!

Girls Only!-Victoria Parker 2004 Check out all the facts about periods and growing up with this essential guide for girls only This book focuses on the practicalities of periods, the social and personal implications of starting your period, and the physical and emotional developments in puberty. It tells you what happens and when, what you need to know, and how to prepare. It answers all the questions girls are dying to ask, but daren't, in a clear, friendly way, using real-life examples. It's the perfect first book about periods for girls of primary school age as it provides information at the right level. The tone is positive and reassuring, and complemented by quirky illustrations throughout.

All about Biology-Robert Winston 2016-05-02 "What makes Earth an ideal place for life to survive? Professor Robert Winston will take kids back to Earth's beginnings showing how organisms live and survive in All About Biology. From the very big to the microscopic, meet the animals, plants, fungi and bacteria that play an important role in sustaining life on Earth. Packed with colourful images, facts and stats, All About Biology introduces the features and characteristics of the six main kingdoms of life. Help your child discover how life began and just what it means to be alive today. "

Steve Backshall's Deadly 60-Steve Backshall 2018-10-08 Steve Backshall embarks on his most daring adventure yet. He has just six months to travel six continents and find 60 of the deadliest creatures on the planet for the 26-part Children's BBC series of the same name which will air on BBC 1, CBBC, Discovery and Animal Planet channels. From lethal beauties to killer beasts, from the unseen to the unexpected, the one thing these creatures have in common is that they are all deadly to other animals. Steve's encounters range from famous killers such as the Black Mamba and the North American Grizzly Bear to less well known but no less deadly animals. He introduces the surreal Pink River Dolphin of Amazonia and captures Australia's elusive Ghost Bat for a closer look. Learn about the ingenious techniques and extraordinary weapons that some of our most dangerous

animals are armed with. Including the renowned, the unexpected and the downright bizarre, this companion book to Steve Backshall's high adrenaline tour of the world's most deadly is not to be missed.

Football Superstars: Mbappe Rules-Simon Mugford 2020-04-02 Is Kylian Mbappe your ultimate football hero? His quick feet and shooting skills have made him one of the world's top forwards and the youngest ever player to score 16 goals in the Champions League. Mbappe started playing at the age of six and his first coach was his dad. Find out how he went from playing on the pitch he created in his living room to becoming the second teenager in history to score in a World Cup final.

The Human Body-Jonathan Miller 1983-09 Precisely detailed pop-up illustrations, complete with movable parts, demonstrate the anatomy, workings, mechanisms, and interrelationships between internal structures and systems of the human body

Art Ninja-Phyllis P. Miller 2016-07-27 In today's sometimes complicated and stressful world, people of all ages are seeking more ways to express themselves creatively. Simple pen drawings or doodles are one of the most basic forms of art and also a wonderful way to relax and find gratification. Seasoned educator, Phyllis Miller, shares over one hundred pen designs intended to encourage novice doodlers to think beyond the margins of handouts and takeout menus and explore their urge to create fresh and unique black line art drawings. Along with designs that include a lizard, tiger, shark, boat, arch, chameleon, and an ice cream sundae, Miller also includes examples and worksheets that provide inspiration for sketchers to think beyond ordinary shapes and appreciate the patterns and designs that surround them in daily life. Art Ninja shares designs, worksheets, examples, and advice from an experienced educator that will motivate doodlers everywhere to put their pens to paper and create beautiful, one-of-a-kind black line art.

Football Superstars: Ronaldo Rules-Simon Mugford 2020-01-09

Everything the young fan wants to know about Cristiano Ronaldo, from his childhood to the present day, including lots of quizzes and facts.

Football Superstars: Messi Rules-Simon Mugford 2020-01-09 Everything the young fan wants to know about Lionel Messi, from his childhood to the present day, including lots of quizzes and facts.

The Laugh Out Loud Joke Book-Michael Rosen 2016-09-01 The Laugh Out Loud Joke Book is jam-packed with over 300 hilarious jokes written and selected by bestselling children's author Michael Rosen. In association with the new Laugh Out Loud Book Prize - a new series of awards for funny children's books in the UK.

Deadly Sticker Book-Steve Backshall 2014-06-01 Create your very own Deadly adventure with Deadly TV presenter Steve Backshall's first ever interactive 24-page full colour sticker book, perfect for Deadly fans everywhere. Find the fastest predators, the creatures with the most incredible super senses, the deadliest and those who survive extreme conditions. Contains more than 200 stickers.

Doctor Academy-Steve Martin 2018-02-21 Fun-filled activity book introducing the basic skills needed to become a doctor, packed with extras including stickers, a pull-out poster, a game and a press-out model.

Big Pants, Burpy and Bumface-Russell Ash 2011-10-31 What's your name? Is it Chloe? Jessica? Jack, Sam? Is it Emily? Rebecca? Matthew, Dan? ...Or is it Fart Bear? Noah Zark? Piggy Banks? Be grateful for your ordinary name - this funny, fascinating book is full of the silliest, the strangest, the weirdest and the wackiest names from around the world (and some of them are quite rude too)!

Odd Squad Agent's Handbook-Tim McKeon 2020-02-11 From the universe of the award-winning hit television show Odd Squad, the Odd Squad Agent's Handbook is the book every new recruit receives. It's filled with tips and tricks on how to be the best agent possible, plus secrets of the squad and highlights from its greatest adventures. In short, this is the ultimate guide to the strange, the unusual, and very, very ... odd. Written by the creators of the show! An Imprint Book

Why Do Farts Smell Like Rotten Eggs?-Mitchell Symons 2012-03-31 EVER WONDERED . . . Why we burp? What a wotsit is? Whether lemmings really jump off cliffs? Why vomit always contains carrots? And why do farts smell like rotten eggs? No subject is too strange and no trivia too tough for Mitchell Symons, who has the answer to these crazy questions, and many more.

Human Body Encyclopedia-DORLING KINDERSLEY 2010-08-01 Take a first look inside the human body! Now in paperback! From the pumping power of your heart, to the awesome ability of the brain, the Human Body Encyclopedia is packed with answers. Discover how the body manages to stay upright, what happens to your food after you have eaten and why we hiccup and cough. Major body systems such as digestion and the skeleton are explored and 'curiosity' quizzes keep enquiring young minds interested. You'll never look at yourself in the same way again! Full of bite-sized facts, curiosity quizzes and special 'weird-or-what' features kids will love getting their teeth into, there's lots to see and explore. Perfect for homework or just for fun. Go ahead; let your child explore the human body!

Dengineers: Build Your Dream Den-Laura Baker 2019-06 Build your own dream den with CBBC's The Dengineers! Create brilliant dens at home with this fantastic handbook. With advice and information from your favourite designers from the hit CBBC programme, it's easy to get started! Find out how to make simple den structures at home and then discover ways to decorate and individualise your creation. Packed with a wide variety of

themes, including adventure, dance, coding, reading, cinema and sport, there are ideas to suit everyone.

Vile Villains-Terry Deary 2011 From gangs of gangsters to maniacs who massacre, readers can meet the biggest baddies in history and discover how

they tortured and terrified their way to the top.