

Everyday Sports Injuries-DK Publishing 2010 This practical guide to recognizing, treating and preventing recreational sports injuries also features step-by-step exercise routines to aid recovery and improve strength and performance while healing from a mishap or over-use of muscles, joints and tendons. Original.

Philosophy A Visual Encyclopedia-DK 2020-11-10 The perfect book for young readers looking to explore some of life's biggest questions. Thousands of years ago, ancient philosophers asked some important questions: "What is real?", "What is the point of my existence?", "Why is there evil in the world?", and "What can I know?" These questions have gone on to spark passionate debates about our existence and how we understand the world around us. In this engaging and accessible introduction to philosophy, readers aged 11+ will be introduced to a variety of philosophical ideas through the teachings of Plato, Confucius, Simone de Beauvoir, and many more. Vibrant, reader-friendly illustrations bring the history of ideas and thinking to life, and provide topics for reflection and debate. With biographies of the most influential philosophers from around the world, young readers will explore the questions that have been fundamental to the development of scientific study, logical thinking, religious beliefs, freedom in society, and much more. Thought experiments peppered throughout will help to connect readers with the theories presented so they can apply them to their own lives.

Children's Illustrated Encyclopedia-DK Publishing 2016-07 Over three million copies and 25 years later, Children's Illustrated Encyclopedia is revised and updated with the latest facts, figures, and technologies. Covering more than 380 topics from dinosaurs to digital technology, this highly visual guide engages young readers with photographic spreads and illustrations annotated with amazing trivia. Featuring full-color photographs, maps, cutaway diagrams, charts, and more, Children's Illustrated Encyclopedia is written in a clear and child-friendly style with updates that include recent space missions, scientific breakthroughs, and the latest significant events. Children's Illustrated Encyclopedia is perfect for reports, homework, and independent research. A great addition to any bookshelf, Children's Illustrated Encyclopedia is the essential book for curious young readers who want to know about everything.