

[DOC] Buddhism Religions Of The World

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Buddhism-Mark Thomas 2017 Today, Buddhism is the world's fourth-largest religion, with over 576 million followers worldwide. Buddhists follow traditions and spiritual beliefs that were taught by Guatama Buddha, a revered wise man. Guatama Buddha lived in the eastern part of the Indian subcontinent more than 2,400 years ago. Although born into a royal family, he became concerned with the problem of suffering in the world and spent years studying a variety of religions and philosophies. Eventually, he was "enlightened," and spent the rest of his life teaching people the path to true happiness. Buddhism soon spread throughout Asia, and today most Buddhists live in countries like China, Thailand, Japan, and Burma. This book describes the origins and history of Buddhism, and sheds light on some of this religion's most important beliefs, practices, and rituals. The MAJOR WORLD RELIGIONS series provides information about six of the most important religious faiths practiced around the world. More than 75 percent of the world's population over 5.2 billion people observes the tenets of one of these six religions. Each book in the series describes the important beliefs of a particular religion, along with information about its history, practices, and rituals. Each book in the series describes the important beliefs of a particular religion, along with information about its history, practices, and rituals. Each title in this series includes color photos throughout, and back matter including: an index and further reading lists for books and internet resources, a timeline and organizations to contact.

Key Icons appear throughout the books in this series in an effort to encourage library readers to build knowledge, gain awareness, explore possibilities and expand their viewpoints through our content rich non-fiction books. Key Icons in this series are as follows:

Buddhism in the Modern World-David L. McMahan 2012-03-15 Buddhism in the Modern World explores the challenges faced by Buddhism today, the distinctive forms that it has taken and the individuals and movements that have shaped it. Part One discusses the modern history of Buddhism in different geographical regions, from Southeast Asia to North America. Part Two examines key themes including globalization, gender issues, and the ways in which Buddhism has confronted modernity, science, popular culture and national politics. Each chapter is written by a distinguished scholar in the field and includes photographs, summaries, discussion points and suggestions for further reading. The book provides a lively and up-to-date overview that is indispensable for both students and scholars of Buddhism.

The Norton Anthology of World Religions - Buddhism-Donald S. Lopez, Jr. 2017-09-26 This groundbreaking new Norton Anthology enables the six major, living, international world religions to speak to students in their own words.

Christianity and World Religions-Hans Küng 1993 Kung joins with three esteemed colleagues to address the question: "Can we break through the barriers of noncommunication, fear, and mistrust that separate the followers of the world's great religions?" The authors analyze the main lines of approach taken by Islam, Hinduism, and Buddhism, and give Christian responses to the values and challenges each tradition presents.

Zen Buddhism: Japan-Heinrich Dumoulin 1988 Traces the development of Zen Buddhism in Japan, and discusses beliefs, rituals, texts, and major individuals and schools

Introducing Tibetan Buddhism-Geoffrey Samuel 2012 "Introducing Tibetan Buddhism is the ideal starting point for students wishing to undertake a comprehensive study of Tibetan religion. This lively introduction covers the whole spectrum of Tibetan religious history, from early figures and the development of the old and new schools of Buddhism to the spread and influence of Tibetan Buddhism throughout the world. Geoffrey Samuel covers the key schools and traditions, as well as Bon, and bodies of textual material, including the writings of major lamas. He explores aspects such as the path to liberation through Sutra and Tantra teachings, philosophy, ethics, ritual, and issues of gender and national identity. Illustrated throughout, the book includes a chronology, glossary, pronunciation guide, summaries, discussion questions and recommendations for further reading to aid students' understanding and revision"--

The Buddhist World-John Powers 2015-10-05 The Buddhist World joins a series of books on the world's great religions and cultures, offering a lively and up-to-date survey of Buddhist studies for students and scholars alike. It explores regional varieties of Buddhism and core topics including buddha-nature, ritual, and pilgrimage. In addition to historical and geo-political views of Buddhism, the volume features thematic chapters on philosophical

concepts such as ethics, as well as social constructs and categories such as community and family. The book also addresses lived Buddhism in its many forms, examining the ways in which modernity is reshaping traditional structures, ancient doctrines, and cosmological beliefs.

Norton Anthology of World Religions-Cunningham, Lawrence S
2015-02-18

This magisterial Norton Anthology, edited by world-renowned scholars, offers a portable library of more than 1,000 primary texts from the world's major religions. To help readers encounter strikingly unfamiliar texts with pleasure; accessible introductions, headnotes, annotations, pronouncing glossaries, maps, illustrations and chronologies are provided. For readers of any religion or none, *The Norton Anthology of World Religions* opens new worlds that, as Miles writes, invite us "to see others with a measure of openness, empathy, and good will..."

Unprecedented in scope and approach, *The Norton Anthology of World Religions: Christianity* brings together over 150 texts from the Apostolic Era to the New Millennium. The volume features Jack Miles's illuminating General Introduction—"How the West Learned to Compare Religions"—as well as Lawrence S. Cunningham's "The Words and the Word Made Flesh," a lively primer on the history and core tenets of Christianity.

Understanding World Religions in 15 Minutes a Day-Garry R. Morgan
2012-09-01 User-Friendly Beginner's Guide to World Religions The world is becoming more integrated. What once seemed like the religions of exotic faraway lands are now practiced by families next door. These short, easily digestible readings give an overview of the beliefs, histories, and practices of dozens of religions, including Islam, Buddhism, Hinduism, Christianity, and many more. Garry Morgan blends the knowledge of a college professor with real-world experience and an accessible style. Broken into forty brief chapters, this book can be used as a reference for those who need quick and clear answers or read straight through by curious readers.

Buddhism in the Modern World-David L. McMahan 2012-03-15

Buddhism in the Modern World explores the challenges faced by Buddhism today, the distinctive forms that it has taken and the individuals and movements that have shaped it. Part One discusses the modern history of Buddhism in different geographical regions, from Southeast Asia to North America. Part Two examines key themes including globalization, gender issues, and the ways in which Buddhism has confronted modernity, science, popular culture and national politics. Each chapter is written by a distinguished scholar in the field and includes photographs, summaries, discussion points and suggestions for further reading. The book provides a lively and up-to-date overview that is indispensable for both students and scholars of Buddhism.

Encyclopedia of Buddhism-Edward A. Irons 2008 Presents nearly seven hundred A-to-Z entries relating to Buddhism, including theological concepts, important figures, historical events, institutions, and movements; and includes entries on other religious practices such as Daoism and Confucianism.

Religions of the World: the History of Buddhism-Charles River Charles River Editors 2013-09-09 *Explains how Buddhism spread from the time of the Buddha to the present day. *Explains the Buddha's life and the different teachings of different Buddhist sects. *Includes pictures depicting the Buddha and other important people, places, and events. *Includes Book 1 of the Hymns of the Sama Veda A lot of ink has been spilled covering the lives of history's most influential figures, but how much of the forest is lost for the trees? Throughout time, people have been religious by nature, and billions today adhere to unique faiths across the world. In Charles River Editors' Religions of the World, readers can get caught up to speed on today's religions and yesterday's religions in the time it takes to finish a commute, while learning interesting facts long forgotten or never known. In the West, Buddhism is a religion that everyone has heard of but one that few truly understand aside from Buddhists themselves. For almost 2,500

years, Buddhism has been dominant on the Indian subcontinent, based on the traditions, beliefs, and practices that came about from the teachings of the Buddha (Siddhartha Gautama), the Sanskrit word for "the awakened one." Today, three distinct branches of Buddhism have mostly fanned out across Asia, and it's believed that upwards of half a billion people practice Buddhism today, and some of the traditional practices and principles of the religion, including the concepts of karma, reincarnation and the practice of yoga are all commonplace ideas across the world. Who was the Buddha, how did Buddhism become one of the world's major religions, and what are the main concepts and teachings of the religion? Religions of the World: The History of Buddhism examines the history and main tenets of Buddhism, explaining the way the religion has evolved over time, the similarities it shares with other religions and the differences that make it unique. Along with pictures of important figures and places, you will learn about Buddhism like you never have before, in no time at all.

What Do We Know about Buddhism?-Anita Ganeri 1997 Discusses the principles and practices of Buddhism, including information about holy people and places, art, and festivals.

Religious Motivation and the Origins of Buddhism-Torkel Brekke 2002 Why did people in North India from the 5th century BC choose to leave the world and join the sect of the Buddha? This is the first book to apply the insights of social psychology in order to understand the religious motivation of the people who constituted the early Buddhist community. It also addresses the more general and theoretically controversial question of how world religions come into being, by focusing on the conversion process of the individual believer.

Buddhism and Ecology-Mary Evelyn Tucker 1997 The authors explore theoretical and methodological issues and analyze the prospects and problems of using Buddhism as an environmental resource in both theory and practice.

Buddhism in America-Scott A. Mitchell 2016-10-20 Buddhism in America provides the most comprehensive and up to date survey of the diverse landscape of US Buddhist traditions, their history and development, and current methodological trends in the study of Buddhism in the West, located within the translocal flow of global Buddhist culture. Divided into three parts (Histories; Traditions; Frames), this introduction traces Buddhism's history and encounter with North American culture, charts the landscape of US Buddhist communities, and engages current methodological and theoretical developments in the field. The volume includes: - A short introduction to Buddhism - A historical survey from the 19th century to the present - Coverage of contemporary US Buddhist communities, including Theravada, Mahayana, and Vajrayana Theoretical and methodological issues and debates covered include: - Social, political and environmental engagement - Race, feminist, and queer theories of Buddhism - Secular Buddhism, digital Buddhism, and modernity - Popular culture, media, and the arts Pedagogical tools include chapter summaries, discussion questions, images and maps, a glossary, and case studies. The book's website provides recommended further resources including websites, books and films, organized by chapter. With individual chapters which can stand on their own and be assigned out of sequence, Buddhism in America is the ideal resource for courses on Buddhism in America, American Religious History, and Introduction to Buddhism.

Buddhism For Dummies-Jonathan Landaw 2019-08-27 Your hands-on guide to this widely practiced and ancient religion Buddhism, one of the world's most widely practiced religions, is a fascinating yet complex eastern religion that is rapidly spreading throughout western civilization. What does it mean to be a Buddhist? What are the fundamental beliefs and history behind this religion? Buddhism For Dummies explores these questions and more in this updated guide to Buddhist culture. You'll gain an understanding of the origins of this ancient practice and how they're currently applied to everyday life. Whether you're a searcher of truth, a student of religions, or just curious about what makes Buddhism such a widely practiced religion, this guide is for you. In plain English, it defines the important terms, explains the key concepts, and explores in-depth a wide range of fascinating topics. New and expanded coverage on all the

schools of Buddhism, including Theravada, Tibetan, and Mahayana The continuing relevance of the Dalai Lama Updated coverage on daily observances, celebrations, styles, practices, meditation, and more Continuing the Dummies tradition of making the world's religions engaging and accessible to everyone, Buddhism For Dummies is your essential guide to this fascinating religion. Buddhism For Dummies (9781119643265) was previously published as Buddhism For Dummies (9781118023792). While this version features a new Dummies cover and design, the content is the same as the prior release and should not be considered a new or updated product.

World Religions-John T. Catoir 1992-01-01

Why Buddhism is True-Robert Wright 2017-08-08 From one of America's most brilliant writers, a New York Times bestselling journey through psychology, philosophy, and lots of meditation to show how Buddhism holds the key to moral clarity and enduring happiness. At the heart of Buddhism is a simple claim: The reason we suffer—and the reason we make other people suffer—is that we don't see the world clearly. At the heart of Buddhist meditative practice is a radical promise: We can learn to see the world, including ourselves, more clearly and so gain a deep and morally valid happiness. In this “sublime” (The New Yorker), pathbreaking book, Robert Wright shows how taking this promise seriously can change your life—how it can loosen the grip of anxiety, regret, and hatred, and how it can deepen your appreciation of beauty and of other people. He also shows why this transformation works, drawing on the latest in neuroscience and psychology, and armed with an acute understanding of human evolution. This book is the culmination of a personal journey that began with Wright's landmark book on evolutionary psychology, The Moral Animal, and deepened as he immersed himself in meditative practice and conversed with some of the world's most skilled meditators. The result is a story that is “provocative, informative and...deeply rewarding” (The New York Times Book Review), and as entertaining as it is illuminating. Written with the wit, clarity, and grace for which Wright is famous, Why Buddhism Is True lays the foundation for a spiritual life in a secular age and shows how, in a time of technological distraction and social division, we can save ourselves from

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ourselves, both as individuals and as a species.

A Brief Introduction to Buddhism-Tim Dowley 2019-06-01 This brief introduction to Buddhism is designed to help readers understand this important religious tradition. With both nuance and balance, this text provides broad coverage of various forms of Buddhism with an arresting layout with rich colors. It offers both historical overviews and modern perspectives on Buddhist beliefs and practices. The user-friendly content is enhanced by charts of religious festivals, historic timelines, updated maps, and a useful glossary. It is ideal for courses on Buddhism and Asian religions and will be a useful, concise reference for all readers eager to know more about this important religious tradition and its place in our contemporary world.

Religion 101-Peter Archer 2013-11-29 Provides information about the key influences, spiritual figures, sacred stories, traditions, doctrines, and dogmas of each of the world's major religions.

Buddhist - Christian Dialogue-J. Lindsay Falvey 2010 Buddhist - Christian Dialogue The Parliament of the World's Religions, December 2-9, Melbourne, Australia Sunday, December 6, 2009, 11:30am- 1:00pm The program of the Parliament paraphrased this workshop in such words as those below. Its four papers stimulated much interest and flowed together in a productive manner that elicited a lively interaction. For that reason, the essence of these papers has been reproduced here for wider appreciation. The program included four parts and aimed to foster a spirit of enquiry and openness: • Participants were offered examples from the Canonical gospels, the Gospel of Thomas, as well as writings from Meister Eckhart, Thomas Merton, and others. • The workshop presented approaches to objectless meditation, and explored its vital place in uncovering wisdom. • Presenters showed how issues raised by dialogue in contexts of pluralism could be explored collaboratively by Buddhists and Christians by retrieving strands of tradition such as compassion, empathy, care and forgiveness. • A recently released book was introduced, 'Dharma as Man', which is an ancient story

read each evening by an old man to his young son in rural India. It is a universal tale condensed to combine the world's stories, which renders Jesus' life into Buddhist concepts in an ancient Indian setting. • There was a discussion of how traditions might better understand their shared vocation to alleviate suffering through interreligious dialogue and shared inter-spiritual contemplative silence.

Buddhism-Sue Penney 1995 Discovering Religions looks at the world's major religions in a clear and accessible way. Written specifically for lower secondary students, it examines key religious themes - worship, history, festivals and rites of passage. The emphasis throughout is upon a comprehensive, balanced coverage of the subjects and clear, motivating presentation.

Presenting Japanese Buddhism to the West-Judith Snodgrass 2003-12-04 Japanese Buddhism was introduced to a wide Western audience when a delegation of Buddhist priests attended the World's Parliament of Religions, part of the 1893 Columbian Exposition in Chicago. In describing and analyzing this event, Judith Snodgrass challenges the predominant view of Orientalism as a one-way process by which Asian cultures are understood strictly through Western ideas. Restoring agency to the Buddhists themselves, she shows how they helped reformulate Buddhism as a modern world religion with specific appeal to the West while simultaneously reclaiming authority for the tradition within a rapidly changing Japan. Snodgrass explains how the Buddhism presented in Chicago was shaped by the institutional, social, and political imperatives of the Meiji Buddhist revival movement in Japan and was further determined by the Parliament itself, which, despite its rhetoric of fostering universal brotherhood and international goodwill, was thoroughly permeated with confidence in the superiority of American Protestantism. Additionally, in the context of Japan's intensive diplomatic campaign to renegotiate its treaties with Western nations, the nature of Japanese religion was not simply a religious issue, Snodgrass argues, but an integral part of Japan's bid for acceptance by the international community.

Buddhism-Huston Smith 2004-12-14 A concise and up-to-date guide to the history, teachings, and practice of Buddhism by two luminaries in the field of world religions.

The Spread of Tibetan Buddhism in China-Dan Smyer Yu 2013-03-01 Focusing on contemporary Tibetan Buddhist revivals in the Tibetan regions of the Sichuan and Qinghai Provinces in China, this book explores the intricate entanglements of the Buddhist revivals with cultural identity, state ideology, and popular imagination of Tibetan Buddhist spirituality in contemporary China. In turn, the author explores the broader socio-cultural implications of such revivals. Based on detailed cross-regional ethnographic work, the book demonstrates that the revival of Tibetan Buddhism in contemporary China is intimately bound with both the affirming and negating forces of globalization, modernity, and politics of religion, indigenous identity reclamation, and the market economy. The analysis highlights the multidimensionality of Tibetan Buddhism in relation to different religious, cultural, and political constituencies of China. By recognizing the greater contexts of China's politics of religion and of the global status of Tibetan Buddhism, this book presents an argument that the revival of Tibetan Buddhism is not an isolated event limited merely to Tibetan regions; instead, it is a result of the intersection of both local and global transformative changes. The book is a useful contribution to students and scholars of Asian religion and Chinese studies.

The Life of Buddhism-Richard Carp 2000-12-02 Bringing together 15 essays by international Buddhist scholars, this book offers a distinctive portrayal of the life of Buddhism. The contributors focus on a range of religious practices across the Buddhist world, from New York to Tibet.

From Buddha to Jesus-Steve Cioccolanti 2010 Buddhism is not a way of harmony and cosmic unity, as Westerners tend to think. Although Buddhism is a rapidly rising religion in the West, few Westerners know what Buddhism is like from the inside. Steve, who made the journey from Buddhism to Christ, explains the Buddhist mind-set and worldview, and makes useful

points of comparison.

The Tibetan Book of the Dead-W. Y. Evans-Wentz 2000-09-28 The Tibetan Book of the Dead is one of the texts that, according to legend, Padma-Sambhava was compelled to hide during his visit to Tibet in the late 8th century. The guru hid his books in stones, lakes, and pillars because the Tibetans of that day and age were somehow unprepared for their teachings. Now, in the form of the ever-popular Tibetan Book of the Dead, these teachings are constantly being discovered and rediscovered by Western readers of many different backgrounds--a phenomenon which began in 1927 with Oxford's first edition of Dr. Evans-Wentz's landmark volume. While it is traditionally used as a mortuary text, to be read or recited in the presence of a dead or dying person, this book--which relates the whole experience of death and rebirth in three intermediate states of being--was originally understood as a guide not only for the dead but also for the living. As a contribution to the science of death and dying--not to mention the belief in life after death, or the belief in rebirth--The Tibetan Book of the Dead is unique among the sacred texts of the world, for its socio-cultural influence in this regard is without comparison. This fourth edition features a new foreword, afterword, and suggested further reading list by Donald S. Lopez, author of *Prisoners of Shangri-La: Tibetan Buddhism and the West*. Lopez traces the whole history of the late Evans-Wentz's three earlier editions of this book, fully considering the work of contributors to previous editions (C. G. Jung among them), the sections that were added by Evans-Wentz along the way, the questions surrounding the book's translation, and finally the volume's profound importance in engendering both popular and academic interest in the religion and culture of Tibet. Another key theme that Lopez addresses is the changing nature of this book's audience--from the prewar theosophists to the beat poets to the hippies to contemporary exponents of the hospice movement--and what these audiences have found (or sought) in its very old pages.

The Noble Eightfold Path-Bhikkhu Bodhi 2010-12-01 The Buddha's teachings center around two basic principles. One is the Four Noble Truths, in which the Buddha diagnoses the problem of suffering and indicates the treatment necessary to remedy this problem. The other is the Noble

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Eightfold Path, the practical discipline he prescribes to uproot and eliminate the deep underlying causes of suffering. The present book offers, in simple and clear language, a concise yet thorough explanation of the Eightfold Path. Basing himself solidly upon the Buddha's own words, the author examines each factor of the path to determine exactly what it implies in the way of practical training. Finally, in the concluding chapter, he shows how all eight factors of the path function in unison to bring about the realization of the Buddhist goal: enlightenment and liberation.

World Religions-John Bowker 2008-09-18 Examines each religion--including ancient Greek, Roman, Norse, and Celtic religions, Hinduism, Buddhism, Christianity, and nature religions--discussing its history, founder, major deity, beliefs, festivals, and celebrations.

The Buddhist Religion-Richard H. Robinson 1977

The Buddhist Religions-Richard H. Robinson 2005 This historical introduction to Buddhism presents students with an engaging exploration of the diversity of thoughts and practices of a wide segment of followers of the Buddha. It covers five main aspects of Buddhism: ritual, devotionism, doctrine, meditation, practice, and institutional history.

The Oxford Handbook of Global Religions-Mark Juergensmeyer 2011-08-25 Original publication and copyright date: 2011.

If You Meet the Buddha on the Road-Michael Jerryson 2018-03-27 It is said that the famous ninth century Chinese Buddhist monk Linji Yixuan told his disciples, "If you meet the Buddha on the road, kill him." The deliberately confounding statement is meant to shock people out of complacent ways of thinking. But beyond the purposeful jolt from complacency there is another intention. This axiom suggests that, for liberation, one should seek the Buddha nature that resides within, rather

than a mere Buddha exterior. The metaphor of killing the Buddha dislodges a person from the illusion that enlightenment lies outside the body. The proclamation also highlights the power of violence, even on a symbolic level. Violence abounds in Buddhist thoughts, doctrine, and actions, however unacknowledged or misunderstood. *If You Meet the Buddha on the Road* addresses an important absence in the study of religion and violence: the religious treatment of violence. In order to pursue an understanding of the relationship between Buddhism and violence, it is important to first consider how Buddhist scriptures and followers understand violence. Drawing on Buddhist treatments of violence, Michael Jerryson explores the ways in which Buddhists invoke, support, or justify war, conflict, state violence, and gender discrimination. In addition, the book examines the ways in which Buddhists address violence as military chaplains, cope with violence in a conflict zone, and serve as witnesses of blasphemy to Buddhist doctrine and Buddha images.

Jesus and Buddha-Marcus Borg 2020-11-03 Discover the teachings of Jesus and Buddha with over 100 examples presented side by side to reveal striking similarities. A perfect book for anyone interested in Christianity, Buddhism, mindfulness, meditation, and all ways of seeking enlightenment. This stunning collection is perfect for those curious about the influential teachers, Jesus and Buddha, and their lessons of peace, love, patience, and kindness. Witness as two of the most holy beings meet in a thought-provoking encounter of the spirit. Compare the Bible verse: "Jesus knew all people and needed no one to testify about anyone; for he himself knew what was in everyone" (John 2.24-25) to the Buddhist scripture: "He was expert in knowing the thoughts and actions of living beings" (Vimalakirtinirdesha Sutra 2). *Jesus and Buddha* is a timeless testament to what makes us similar rather than different. This enlightening book also makes a great gift.

Introducing Buddhism-Charles S. Prebish 2009-12-01 Explaining the key teachings and historical development of Buddhism, this student-friendly introduction contains chapters on Engaged Buddhism, Buddhist and War, Buddhism in the Western World and Meditation.

Religions of India-Thomas Berry 1996 This in-depth study explores the history and philosophy of India's major religions, explaining clearly the development of Buddhism, Yoga, and Hinduism over the centuries. A complete glossary of terms is included, as well as an index and suggestions for further reading.

Militant Buddhism-Peter Lehr 2018-12-30 Against the backdrop of the ongoing Rohingya crisis, this book takes a close and detailed look at the rise of militant Buddhism in Sri Lanka, Burma and Thailand, and especially at the issues of 'why' and 'how' around it. We are well aware of Christian fundamentalism, militant Judaism and Islamist Salafism-Jihadism. Extremist and violent Buddhism however features only rarely in book-length studies on religion and political violence. Somehow, the very idea of Buddhist monks as the archetypical 'world renouncers' exhorting frenzied mobs to commit acts of violence against perceived 'enemies of the religion' seems to be outright ludicrous. Recent events in Myanmar/Burma, but also in Thailand and Sri Lanka, however indicate that a militant strand of Theravada Buddhism is on the rise. How can this rise be explained, and what role do monks play in that regard? These are the two broad questions that this book explores.

The Other Shore-Thich Nhat Hanh 2017-08-22 This new translation of the Buddha's most important, most studied teaching offers a radical new

interpretation. In September, 2014 Thich Nhat Hanh completed a profound and beautiful new English translation of the Prajñāparamita Heart Sutra, one of the most important and well-known sutras in Buddhism. The Heart Sutra is recited daily in Mahayana temples and practice centers throughout the world. This new translation came about because Thich Nhat Hanh believes that the patriarch who originally compiled the Heart Sutra was not sufficiently skillful with his use of language to capture the intention of the Buddha's teachings—and has resulted in fundamental misunderstandings of the central tenets of Buddhism for almost 2,000 years. In *The Other Shore: A New Translation of the Heart Sutra with Commentaries*, Thich Nhat Hanh provides the new translation with commentaries based on his interpretation. Revealing the Buddha's original intention and insight makes clear what it means to transcend duality and pairs of opposites, such as birth and death, and to touch the ultimate reality and the wisdom of nondiscrimination. By helping to demystify the term "emptiness," the Heart Sutra is made more accessible and understandable. Prior to the publication of *The Other Shore*, Thich Nhat Hanh's translation and commentaries of the Heart Sutra, called *The Heart of Understanding*, sold more than 120,000 copies in various editions and is one of the most beloved commentaries of this critical teaching. This new book, *The Other Shore*, supersedes all prior translations.